

## **Tomato and Dill Soup**

### Ingredients:

2 sweet onions, minced  
2 cloves garlic, chopped  
1 tsp. olive oil  
4 cups chopped plum/Roma tomatoes  
1 diced sweet red pepper  
1/4 cup diced celery  
2 tbsp. chopped green chilies  
2 cups vegetable stock  
2 tsp. fresh dill, chopped  
2 tbsp. chopped fresh cilantro  
1/2 tsp. cayenne pepper  
salt to taste

### DIRECTIONS:

Combine all the ingredients except dill, cilantro, cayenne and salt.  
Bring soup to a boil and simmer for 25 minutes.  
Allow to cool slightly, then puree in a blender.  
Stir in the remaining ingredients and season with salt and pepper.  
Serve warmed or chilled.

Several types of dill vinegar blends are a blend of dill, garlic and lemon basil. You could also use any lemon herb and any basil variety.